

American Women

Single Lift Deadlift

Masters (40-44)

97lbs/44Kgs	Deadlift	Carol Meskew	102.5	Kg	226.0	lbs	10/7/1989
105lbs/48Kgs	Deadlift	Alexandra Vallejo	122.5	Kg	270.1	lbs	5/19/2007
114lbs/52Kgs	Deadlift	Record Open	0.0	Kg	0.0	lbs	
123lbs/56Kgs	Deadlift	Georgiann Puckett	117.5	Kg	259.0	lbs	12/13/2008
132lbs/60Kgs	Deadlift	Georgiann Puckett	120.0	Kg	264.6	lbs	4/26/2009
148lbs/67.5Kgs	Deadlift	Monica Sparango	166.0	Kg	366.0	lbs	9/8/2007
165lbs/75Kgs	Deadlift	Tanya Reed	157.5	Kg	347.2	lbs	3/25/2006
181lbs/82.5Kgs	Deadlift	Zhalynn "Zee" Helmick	100.0	Kg	220.5	lbs	9/25/2009
198lbs/90Kgs	Deadlift	Angela Martinez	240.0	Kg	529.1	lbs	8/5/2006
SHW/90+Kgs	Deadlift	Nicki l'Anson	162.5	Kg	358.2	lbs	3/31/2007

Masters (45-49)

97lbs/44Kgs

Deadlift

Imelda Fowler

145.0 Kg

319.7 lbs

10/21/2006

105lbs/48Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

114lbs/52Kgs

Deadlift

Bonnie Aerts

105.5 Kg

232.6 lbs

7/12/2008

123lbs/56Kgs

Deadlift

Deb Johnson

127.5 Kg

281.1 lbs

5/17/1997

132lbs/60Kgs

Deadlift

Alison Barnhill

128.0 Kg

282.2 lbs

6/26/2010

148lbs/67.5Kgs

Deadlift

Monica DiGiuro

137.5 Kg

303.1 lbs

7/5/2009

165lbs/75Kgs

Deadlift

Sherry Strozza

140.0 Kg

308.6 lbs

5/28/2006

181lbs/82.5Kgs

Deadlift

Tanya P. Reed

185.0 Kg

407.9 lbs

1/25/2009

198lbs/90Kgs

Deadlift

Karen Black

182.5 Kg

402.3 lbs

6/14/2008

SHW/90+Kgs

Deadlift

Linda DeVaney

182.5 Kg

402.3 lbs

12/10/1989

Masters (50-54)

97lbs/44Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

105lbs/48Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

114lbs/52Kgs

Deadlift

Bonnie Aerts

132.5 Kg

292.1 lbs

5/15/2010

123lbs/56Kgs

Deadlift

Bonnie Aerts

137.5 Kg

303.1 lbs

3/27/2010

132lbs/60Kgs

Deadlift

Jo Walker

135.0 Kg

297.6 lbs

9/13/1997

148lbs/67.5Kgs

Deadlift

Betsy Spann

110.0 Kg

242.5 lbs

8/14/2010

165lbs/75Kgs

Deadlift

Lynne Castellanos

110.0 Kg

242.5 lbs

5/15/2010

181lbs/82.5Kgs

Deadlift

Karen Parnow

120.0 Kg

264.6 lbs

7/5/2009

198lbs/90Kgs

Deadlift

Gretchen Slover

122.5 Kg

270.1 lbs

3/25/2006

SHW/90+Kgs

Deadlift

Mary Rubcic-Tawzer

130.0 Kg

286.6 lbs

7/5/2009

Masters (55-59)

97lbs/44Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

105lbs/48Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

114lbs/52Kgs

Deadlift

Chris Baeta

122.5 Kg

270.1 lbs

5/20/2006

123lbs/56Kgs

Deadlift

Deb Barnette

127.5 Kg

281.0 lbs

11/21/2009

132lbs/60Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

148lbs/67.5Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

165lbs/75Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

181lbs/82.5Kgs

Deadlift

Betty Heriford

155.0 Kg

341.7 lbs

2/20/2010

198lbs/90Kgs

Deadlift

Karen Polansky

165.0 Kg

363.8 lbs

8/6/2005

SHW/90+Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

Masters (60-64)

97lbs/44Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

105lbs/48Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

114lbs/52Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

123lbs/56Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

132lbs/60Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

148lbs/67.5Kgs

Deadlift

Danni Eldridge

102.5

Kg

226.0

lbs

1/29/2005

165lbs/75Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

181lbs/82.5Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

198lbs/90Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

SHW/90+Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

Masters (65-69)

97lbs/44Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

105lbs/48Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

114lbs/52Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

123lbs/56Kgs

Deadlift

Opal Belanger

47.5 Kg

104.7 lbs

3/31/2007

132lbs/60Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

148lbs/67.5Kgs

Deadlift

Ene Purre

85.0 Kg

187.4 lbs

1/29/2006

165lbs/75Kgs

Deadlift

Bunny Olds

75.0 Kg

165.3 lbs

6/9/2007

181lbs/82.5Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

198lbs/90Kgs

Deadlift

Dorothy Rawe

107.5 Kg

237.0 lbs

8/13/2005

SHW/90+Kgs

Deadlift

Record Open

0.0 Kg

0.0 lbs

Masters (70-74)

97lbs/44Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

105lbs/48Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

114lbs/52Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

123lbs/56Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

132lbs/60Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

148lbs/67.5Kgs

Deadlift

Ene Purre

80.0

Kg

176.4

lbs

8/19/2006

165lbs/75Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

181lbs/82.5Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

198lbs/90Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

SHW/90+Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

Masters (75-79)

97lbs/44Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

105lbs/48Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

114lbs/52Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

123lbs/56Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

132lbs/60Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

148lbs/67.5Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

165lbs/75Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

181lbs/82.5Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

198lbs/90Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

SHW/90+Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

Masters (80+)

97lbs/44Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

105lbs/48Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

114lbs/52Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

123lbs/56Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

132lbs/60Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

148lbs/67.5Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

165lbs/75Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

181lbs/82.5Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

198lbs/90Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs

SHW/90+Kgs

Deadlift

Record Open

0.0

Kg

0.0

lbs