



# USPF AMERICAN RECORD APPLICATION

Division I (Single Ply)

Division II (Multi Ply)

Male

Female

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Birth Date \_\_\_\_\_

Age, Day of Meet \_\_\_\_\_ E-Mail \_\_\_\_\_

Body Weight \_\_\_\_\_ Weight Class \_\_\_\_\_

Name of Competition \_\_\_\_\_

Location (City-state) \_\_\_\_\_

Meet Director's Name \_\_\_\_\_

Meet Date \_\_\_\_\_ USPF Sanction Number \_\_\_\_\_

**NOTE: Meet directors must e-mail records chairman meet results within 14 days, for verification prior to new records and certificates being issued.**

Please check appropriate event entered and weight. Weight must be entered in KILOS

Powerlifting: Squat \_\_\_\_\_ Bench Press \_\_\_\_\_ Deadlift \_\_\_\_\_ Total \_\_\_\_\_

Single Lift Bench Press Meet Bench \_\_\_\_\_ (must enter single lift meet separate)

Single Lift Deadlift Meet Deadlift \_\_\_\_\_ (must enter single lift meet separate)

Please check the division category you entered the competition.

Juniors (13-15)  
 Juniors (16-17)  
 Juniors (18-19)  
 Juniors (20-23)

Open  
 Sub Master (35-39)  
 Masters (40-44)  
 Masters (45-49)

Masters (50-54)  
 Masters (55-59)  
 Masters (60-64)  
 Masters (65-69)

Masters (70-74)  
 Masters (75-79)  
 Masters (80+ )

Referee \_\_\_\_\_ Rank (State, National, International.) Circle one

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**Important Notice! American Records require at least 2 National or International Referees.**

Weigh In Official \_\_\_\_\_ Athlete's Signature \_\_\_\_\_

Please send application completely filled out to:

USPF Records Chairman Bob Connell Jr. 32 B Whitford Street, Coventry, RI 02816  
Tel: (401) 743-5700 E-mail: bob@ripl.org (Allow 4 weeks from the date application is received)

**Applications must be mailed within 30 days of the meet.**