

American Men

Powerlifting

Masters (40-44)

114lbs/52Kgs

Squat	Bob Schlegel	167.7	Kg	369.7	lbs	6/22/1986
Bench	Jerry Kahn	110.0	Kg	242.5	lbs	5/11/1985
Deadlift	Bob Schlegel	180.0	Kg	396.8	lbs	5/4/1986
Total	Bob Schlegel	432.5	Kg	953.5	lbs	6/22/1986

123lbs/56Kgs

Squat	Norbert Paterniti	205.0	Kg	451.9	lbs	
Bench	Freddie Higgins	137.5	Kg	303.1	lbs	5/14/1984
Deadlift	Norbert Paterniti	217.5	Kg	479.5	lbs	10/13/1984
Total	Norbert Paterniti	537.5	Kg	1185.0	lbs	

132lbs/60Kgs

Squat	James Finch	237.5	Kg	523.6	lbs	5/4/1986
Bench	Iain Burgess	125.0	Kg	275.6	lbs	
Deadlift	James Finch	237.5	Kg	523.6	lbs	5/4/1986
Total	James Finch	597.5	Kg	1317.2	lbs	5/4/1986

148lbs/67.5Kgs

Squat	Charles Wodraska	282.5	Kg	622.8	lbs	3/26/1991
Bench	Darren Matsumoto	200.0	Kg	440.9	lbs	1/24/2009
Deadlift	George Niesyty	275.0	Kg	606.3	lbs	5/4/1986
Total	Darren Matsumoto	717.5	Kg	1581.8	lbs	1/24/2009

165lbs/75Kgs

Squat	Armington Rafael	277.5	Kg	611.8	lbs	5/11/1985
Bench	James Rouse	217.5	Kg	479.5	lbs	11/18/1980
Deadlift	Troy Hicks	300.0	Kg	661.4	lbs	5/4/1986
Total	Armington Rafael	732.5	Kg	1614.9	lbs	5/11/1985

181lbs/82.5Kgs

Squat	Rickey Dale Crain	299.2	Kg	659.6	lbs	2/27/1993
Bench	James Rouse	227.5	Kg	501.5	lbs	9/4/1982
Deadlift	Ernie Frantz	327.5	Kg	722.0	lbs	
Total	James Rouse	800.0	Kg	1763.7	lbs	9/4/1982

198lbs/90Kgs

Squat	Tony Johnson	345.0	Kg	760.6	lbs	6/8/1986
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Bench	Bud Ravencroft	227.5	Kg	501.5	lbs	5/6/1990
Deadlift	Sylvester Anderson	325.0	Kg	716.5	lbs	5/23/1998
Total	Tony Johnson	845.0	Kg	1862.9	lbs	6/8/1986

220lbs/100Kgs

Squat	Dennis Reed	392.5	Kg	865.3	lbs	
Bench	Neal Caballero	255.0	Kg	562.2	lbs	4/25/2009
Deadlift	Jerry Irvine	350.0	Kg	771.6	lbs	
Total	Fred Hatfield	920.0	Kg	2028.2	lbs	11/12/1983

242lbs/110Kgs

Squat	Ed Coan	422.5	Kg	931.4	lbs	8/11/2007
Bench	Gil Thompson	265.0	Kg	584.2	lbs	5/16/1993
Deadlift	Ed Coan	380.0	Kg	837.7	lbs	6/25/2005
Total	Ed Coan	1035.0	Kg	2281.8	lbs	6/25/2005

275lbs/125Kgs

Squat	Fred Hatfield	460.0	Kg	1014.1	lbs	3/23/1987
Bench	Charles Bailey	282.5	Kg	622.8	lbs	2/16/2008
Deadlift	Jerry Irvine	350.0	Kg	771.6	lbs	
Total	Charles Bailey	1002.5	Kg	2210.1	lbs	2/16/2008

308lbs/140kgs

Squat	Jim Hoskinson	422.5	Kg	931.4	lbs	4/4/2009
Bench	Jim Hoskinson	315.0	Kg	694.4	lbs	4/4/2009
Deadlift	Brent Mikesell	340.0	Kg	749.6	lbs	2/16/2008
Total	Jim Hoskinson	1055.0	Kg	2325.9	lbs	4/4/2009

SHW/140+Kgs

Squat	Beau Moore	422.5	Kg	931.4	lbs	6/25/2005
Bench	Beau Moore	307.5	Kg	677.9	lbs	6/25/2005
Deadlift	Ed Riley	356.5	Kg	785.9	lbs	
Total	Beau Moore	1050.0	Kg	2314.8	lbs	6/25/2005

Masters (45-49)

114lbs/52Kgs

Squat	Alex Galant	150.0	Kg	330.7	lbs	5/19/1995
Bench	Alex Galant	95.0	Kg	209.4	lbs	5/15/1992
Deadlift	Alex Galant	162.5	Kg	358.2	lbs	10/28/1993
Total	Alex Galant	400.0	Kg	881.8	lbs	5/14/1993

123lbs/56Kgs

Squat	Don Moore	150.0	Kg	330.7	lbs	5/11/1985
Bench	Don Moore	100.0	Kg	220.5	lbs	5/11/1985
Deadlift	Fred Glass	190.0	Kg	418.9	lbs	9/4/1992
Total	Don Moore	420.0	Kg	925.9	lbs	5/11/1985

132lbs/60Kgs

Squat	Joe Lusk	192.5	Kg	424.4	lbs	5/11/1985
Bench	Larry Christ	120.5	Kg	265.7	lbs	5/7/1994
Deadlift	Joe Lusk	217.5	Kg	479.5	lbs	5/11/1985
Total	Joe Lusk	530.0	Kg	1168.4	lbs	5/11/1985

148lbs/67.5Kgs

Squat	Charlie Wodraska	262.5	Kg	578.7	lbs	2/15/1992
Bench	Glen Gill	175.0	Kg	385.8	lbs	
Deadlift	Robert Cortes	260.8	Kg	575.0	lbs	
Total	Charlie Wodraska	650.0	Kg	1433.0	lbs	2/15/1992

165lbs/75Kgs

Squat	Don Hundley	275.0	Kg	606.3	lbs	
Bench	Gordon Santee	162.5	Kg	358.2	lbs	10/10/1992
Deadlift	Don Hundley	302.5	Kg	666.9	lbs	
Total	Don Hundley	697.5	Kg	1537.7	lbs	

181lbs/82.5Kgs

Squat	Anthony Conyers	317.5	Kg	700.0	lbs	6/25/2005
Bench	Marc Caplan	215.0	Kg	474.0	lbs	2/16/2008
Deadlift	Ernie Frantz	310.0	Kg	683.4	lbs	
Total	Anthony Conyers	822.5	Kg	1813.3	lbs	6/25/2005

198lbs/90Kgs

Squat	Dennis Wright	365.0	Kg	804.7	lbs	5/15/1993
Bench	Gene Bell	250.0	Kg	551.2	lbs	11/13/2004
Deadlift	Ernie Frantz	352.5	Kg	777.1	lbs	

Total	Gene Bell	907.5	Kg	2000.7	lbs	11/13/2004
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220lbs/100Kgs

Squat	Don Mills	342.5	Kg	755.1	lbs	10/16/1983
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Bench	Ronnie Ray	235.0	Kg	518.1	lbs	5/13/1989
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Deadlift	Ernie Frantz	345.0	Kg	760.6	lbs	5/28/1981
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Total	Ernie Frantz	890.0	Kg	1962.1	lbs	5/28/1981
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242lbs/110Kgs

Squat	Joe Seager	337.5	Kg	744.1	lbs	5/23/1989
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Bench	Mike Tronske	240.0	Kg	529.1	lbs	3/27/2010
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Deadlift	Jerry Irvine	327.5	Kg	722.0	lbs	5/5/1986
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Total	Mike Tronske	830.0	Kg	1829.8	lbs	3/27/2010
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275lbs/125Kgs

Squat	Charles Bailey	380.0	Kg	837.7	lbs	1/24/2009
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Bench	Charles Bailey	295.0	Kg	650.4	lbs	1/24/2009
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Deadlift	Chuck Braxton	356.3	Kg	785.5	lbs	9/5/1982
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Total	Charles Bailey	1007.5	Kg	2221.1	lbs	1/24/2009
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308lbs/140kgs

Squat	Ted Isabella	365.0	Kg	804.7	lbs	7/4/2009
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Bench	John Bible	217.5	Kg	479.5	lbs	4/9/2005
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Deadlift	Ted Isabella	307.5	Kg	677.9	lbs	7/4/2009
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Total	Ted Isabella	870.0	Kg	1918.0	lbs	7/4/2009
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SHW/140+Kgs

Squat	Larry Kidney	370.0	Kg	815.7	lbs	5/17/1987
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Bench	Sal Leonardi	255.0	Kg	562.2	lbs	5/17/1987
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Deadlift	Chuck Braxton	355.0	Kg	782.6	lbs	10/5/1982
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Total	Larry Kidney	922.5	Kg	2033.7	lbs	5/17/1987
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Masters (50-54)

114lbs/52Kgs

Squat	Jack Bunn	107.5	Kg	237.0	lbs	10/13/1984
Bench	Tony Gennaro	72.5	Kg	159.8	lbs	9/4/1982
Deadlift	Jack Bunn	135.0	Kg	297.6	lbs	10/13/1984
Total	Tony Gennaro	300.0	Kg	661.4	lbs	10/15/1983

123lbs/56Kgs

Squat	Paul Trujillo	157.5	Kg	347.2	lbs	5/13/1989
Bench	Paul Trujillo	97.5	Kg	214.9	lbs	5/14/1988
Deadlift	Kevin Meskew	177.5	Kg	391.3	lbs	11/22/2007
Total	Paul Trujillo	430.0	Kg	948.0	lbs	5/13/1989

132lbs/60Kgs

Squat	Carlos Tantog	182.5	Kg	402.3	lbs	5/5/1990
Bench	Carlos Tantog	122.5	Kg	270.1	lbs	5/13/1989
Deadlift	Paul Trujillo	200.0	Kg	440.9	lbs	5/11/1990
Total	Carlos Tantog	492.5	Kg	1085.8	lbs	5/5/1990

148lbs/67.5Kgs

Squat	Larry Minz	240.0	Kg	529.1	lbs	5/13/1989
Bench	Robert Cortes	145.0	Kg	319.7	lbs	
Deadlift	Robert Cortes	250.0	Kg	551.2	lbs	
Total	Robert Cortes	600.0	Kg	1322.8	lbs	

165lbs/75Kgs

Squat	Don Hundley	265.0	Kg	584.2	lbs	12/13/1986
Bench	Glen Gill	190.0	Kg	418.9	lbs	5/11/1985
Deadlift	Don Hundley	282.5	Kg	622.8	lbs	12/13/1986
Total	Jim Lem	685.0	Kg	1510.2	lbs	3/28/1981

181lbs/82.5Kgs

Squat	Jim Lem	300.0	Kg	661.4	lbs	12/5/1981
Bench	Jim Lem	175.0	Kg	385.8	lbs	10/25/1980
Deadlift	Jim Lem	285.0	Kg	628.3	lbs	
Total	Jim Lem	745.0	Kg	1642.4	lbs	12/5/1981

198lbs/90Kgs

Squat	Bill Johnson	287.5	Kg	633.8	lbs	5/12/2001
Bench	David Marchett	182.5	Kg	402.3	lbs	10/15/1994
Deadlift	Dan Hamblet	295.0	Kg	650.4	lbs	5/16/1993

Total	Dan Hamblet	730.0	Kg	1609.4	lbs	1/16/1993
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220lbs/100Kgs

Squat	Ernie Frantz	375.0	Kg	826.7	lbs	
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Bench	Daniel Smith III	205.0	Kg	451.9	lbs	4/22/1995
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Deadlift	Ernie Frantz	335.0	Kg	738.5	lbs	
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Total	Ernie Frantz	907.5	Kg	2000.7	lbs	
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242lbs/110Kgs

Squat	James Rummell	312.5	Kg	688.9	lbs	2/15/1987
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Bench	Ronnie Ray	230.0	Kg	507.1	lbs	5/16/1993
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Deadlift	Bill Hartmann	317.5	Kg	700.0	lbs	
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Total	Ronnie Ray	795.0	Kg	1752.7	lbs	5/17/1992
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275lbs/125Kgs

Squat	Danny Burton	367.5	Kg	810.2	lbs	2/11/1995
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Bench	Ronnie Ray	230.0	Kg	507.1	lbs	5/16/1993
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Deadlift	Larry Kidney	305.0	Kg	672.4	lbs	4/1/1990
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Total	Larry Kidney	830.0	Kg	1829.8	lbs	7/1/1990
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308lbs/140kgs

Squat	George Brink	277.5	Kg	611.8	lbs	4/9/2000
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Bench	Alan Aerts	230.5	Kg	508.2	lbs	6/19/2010
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Deadlift	George Brink	352.5	Kg	777.1	lbs	4/9/2000
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Total	George Brink	812.5	Kg	1791.2	lbs	4/9/2000
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SHW/140+Kgs

Squat	Chuck Braxton	325.0	Kg	716.5	lbs	5/14/1989
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Bench	Chuck Braxton	197.5	Kg	435.4	lbs	5/14/1989
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Deadlift	Chuck Braxton	345.0	Kg	760.6	lbs	5/15/1988
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Total	Chuck Braxton	862.5	Kg	1901.5	lbs	5/15/1988
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Masters (55-59)

114lbs/52Kgs

Squat	S. Perez	330.0	Kg	727.5	lbs	9/5/1982
Bench	S. Perez	120.0	Kg	264.6	lbs	9/5/1982
Deadlift	S. Perez	77.2	Kg	170.2	lbs	9/5/1982
Total	S. Perez	132.5	Kg	292.1	lbs	9/5/1982

123lbs/56Kgs

Squat	Dennis Smith	137.5	Kg	303.1	lbs	5/13/1989
Bench	Dennis Smith	90.0	Kg	198.4	lbs	5/13/1989
Deadlift	Dennis Smith	155.0	Kg	341.7	lbs	5/13/1989
Total	Dennis Smith	382.5	Kg	843.3	lbs	5/13/1989

132lbs/60Kgs

Squat	Carlos Tantog	165.0	Kg	363.8	lbs	5/14/1993
Bench	Philip Portnoy	127.5	Kg	281.1	lbs	9/25/1999
Deadlift	Phil Neyer, Jr.	205.0	Kg	451.9	lbs	2/24/1990
Total	Carlos Tantog	455.0	Kg	1003.1	lbs	5/14/1993

148lbs/67.5Kgs

Squat	Phil Neyer, Jr.	200.0	Kg	440.9	lbs	12/13/1987
Bench	Robert Cortes	132.5	Kg	292.1	lbs	12/13/1987
Deadlift	Phil Neyer, Jr.	245.0	Kg	540.1	lbs	12/13/1987
Total	Robert Cortes	555.0	Kg	1223.6	lbs	12/13/1987

165lbs/75Kgs

Squat	George Wiltshire	240.0	Kg	529.1	lbs	2/21/2009
Bench	Glenn Gill	182.5	Kg	402.3	lbs	5/13/1989
Deadlift	Ben Brent	262.5	Kg	578.7	lbs	5/19/1995
Total	George Wiltshire	612.5	Kg	1350.3	lbs	2/21/2009

181lbs/82.5Kgs

Squat	Jim Lem	290.0	Kg	639.3	lbs	5/4/1986
Bench	Arthur Fu	180.0	Kg	396.8	lbs	3/28/2009
Deadlift	Jim Lem	277.5	Kg	611.8	lbs	5/14/1988
Total	Jim Lem	705.0	Kg	1554.2	lbs	5/4/1986

198lbs/90Kgs

Squat	Bob Strange	240.0	Kg	529.1	lbs	5/16/1992
Bench	Steve Helton	180.0	Kg	396.8	lbs	6/17/1989
Deadlift	Larry McCauley	285.0	Kg	628.3	lbs	5/5/1986

Total	Larry McCauley	670.0	Kg	1477.1	lbs	5/5/1986
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220lbs/100Kgs

Squat	Brad King	325.0	Kg	716.5	lbs	4/26/2009
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Bench	Brad King	187.5	Kg	413.4	lbs	4/26/2009
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Deadlift	Brad King	305.0	Kg	672.4	lbs	10/6/2007
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Total	Brad King	802.5	Kg	1769.2	lbs	4/26/2009
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242lbs/110Kgs

Squat	Bill Hartmann	295.0	Kg	650.4	lbs	6/21/1989
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Bench	Charles Fennelle	192.5	Kg	424.4	lbs	3/28/1989
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Deadlift	Bill Hartmann	327.5	Kg	722.0	lbs	6/21/1989
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Total	Bill Hartmann	787.5	Kg	1736.1	lbs	6/21/1989
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275lbs/125Kgs

Squat	Bill Hartmann	277.5	Kg	611.8	lbs	5/15/1988
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Bench	Bob Garza	212.5	Kg	468.5	lbs	7/12/1997
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Deadlift	Bill Hartmann	320.0	Kg	705.5	lbs	6/24/1988
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Total	Bill Hartmann	780.0	Kg	1719.6	lbs	6/24/1988
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308lbs/140kgs

Squat	Brian Meek	320.0	Kg	705.5	lbs	2/19/2005
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Bench	Brian Meek	230.0	Kg	507.1	lbs	2/19/2005
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Deadlift	Brian Meek	287.5	Kg	633.8	lbs	2/19/2005
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Total	Brian Meek	837.5	Kg	1846.4	lbs	2/19/2005
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SHW/140+Kgs

Squat	Charles T. Clonce	260.8	Kg	575.0	lbs	2/26/2000
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Bench	Bruce Miller	157.5	Kg	347.2	lbs	5/19/1991
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Deadlift	J. Robertson	257.5	Kg	567.7	lbs	5/16/1993
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Total	J. Robertson	617.5	Kg	1361.3	lbs	5/16/1993
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Masters (60-64)

114lbs/52Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

123lbs/56Kgs

Squat	D. Smith, Sr.	135.0	Kg	297.6	lbs	5/14/1993
Bench	D. Smith, Sr.	80.0	Kg	176.4	lbs	5/7/1994
Deadlift	Dennis Smith	162.5	Kg	358.2	lbs	10/21/1995
Total	D. Smith, Sr.	375.0	Kg	826.7	lbs	5/7/1994

132lbs/60Kgs

Squat	Phil Neyer, Jr.	150.0	Kg	330.7	lbs	8/10/1991
Bench	Jack Hughes	82.5	Kg	181.9	lbs	1/31/1992
Deadlift	Phil Neyer, Jr.	200.0	Kg	440.9	lbs	8/10/1991
Total	Phil Neyer, Jr.	405.0	Kg	892.9	lbs	8/10/1991

148lbs/67.5Kgs

Squat	Robert Cortes	182.5	Kg	402.3	lbs	5/14/1993
Bench	Robert Cortes	130.0	Kg	286.6	lbs	5/15/1992
Deadlift	Robert Cortes	222.5	Kg	490.5	lbs	10/27/1993
Total	Robert Cortes	530.0	Kg	1168.4	lbs	5/15/1992

165lbs/75Kgs

Squat	Art Menton	240.0	Kg	529.1	lbs	3/25/2006
Bench	Art Menton	145.0	Kg	319.7	lbs	3/25/2006
Deadlift	Donald Hundley	245.0	Kg	540.1	lbs	5/11/1996
Total	Art Menton	612.5	Kg	1350.3	lbs	3/25/2006

181lbs/82.5Kgs

Squat	Jim Lem	272.5	Kg	600.8	lbs	5/13/1989
Bench	Jim Lem	127.5	Kg	281.1	lbs	5/13/1989
Deadlift	Jim Lem	265.0	Kg	584.2	lbs	5/13/1989
Total	Jim Lem	665.0	Kg	1466.1	lbs	5/13/1989

198lbs/90Kgs

Squat	Bill Johnson	272.5	Kg	600.8	lbs	8/11/2007
Bench	Ken Carpenter	170.5	Kg	375.9	lbs	3/19/2005
Deadlift	Larry McCauley	290.0	Kg	639.3	lbs	5/14/1988

Total	Larry McCauley	697.5	Kg	1537.7	lbs	5/14/1988
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220lbs/100Kgs

Squat	Bob Gaynor	250.0	Kg	551.2	lbs	11/1/2008
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Bench	Ernie Nagy	187.5	Kg	413.4	lbs	
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Deadlift	Bob Gaynor	305.0	Kg	672.4	lbs	7/4/2009
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Total	Bob Gaynor	722.5	Kg	1592.8	lbs	11/1/2008
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242lbs/110Kgs

Squat	Bill Hartmann	277.5	Kg	611.8	lbs	5/17/1992
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Bench	Bob Evans	192.5	Kg	424.4	lbs	3/28/2009
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Deadlift	Bill Hartmann	332.5	Kg	733.0	lbs	5/17/1992
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Total	Bill Hartmann	777.5	Kg	1714.1	lbs	5/17/1992
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275lbs/125Kgs

Squat	Brian Meek	290.0	Kg	639.3	lbs	3/31/1997
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Bench	Brian Meek	197.5	Kg	435.4	lbs	3/31/2007
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Deadlift	Sheldon Schultz	255.0	Kg	562.2	lbs	12/2/2000
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Total	Brian Meek	742.5	Kg	1636.9	lbs	3/31/2007
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308lbs/140kgs

Squat	Manuel Herrera	217.5	Kg	479.5	lbs	3/19/2005
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Bench	Manuel Herrera	175.0	Kg	385.8	lbs	3/19/2005
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Deadlift	Manuel Herrera	227.5	Kg	501.5	lbs	9/6/2003
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Total	Manuel Herrera	615.0	Kg	1355.8	lbs	3/19/2005
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SHW/140+Kgs

Squat	Bill Walmroth	190.0	Kg	418.9	lbs	10/14/1984
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Bench	Benjamin Glenn	137.5	Kg	303.1	lbs	5/5/1986
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Deadlift	Bill Walmroth	220.0	Kg	485.0	lbs	10/14/1984
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Total	Bill Walmroth	540.0	Kg	1190.5	lbs	10/14/1984
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Masters (65-69)

114lbs/52Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

123lbs/56Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

132lbs/60Kgs

Squat	Jack Hughes	127.5	Kg	281.1	lbs	12/13/1987
Bench	Jack Hughes	77.5	Kg	170.9	lbs	4/5/1986
Deadlift	Jack Hughes	165.0	Kg	363.8	lbs	4/5/1986
Total	Jack Hughes	367.5	Kg	810.2	lbs	4/5/1986

148lbs/67.5Kgs

Squat	Robert Cortes	182.5	Kg	402.3	lbs	10/21/1995
Bench	Robert Cortes	120.0	Kg	264.6	lbs	10/21/1995
Deadlift	Robert Cortes	222.5	Kg	490.5	lbs	10/21/1995
Total	Robert Cortes	525.0	Kg	1157.4	lbs	10/21/1995

165lbs/75Kgs

Squat	Art Menton	242.5	Kg	534.6	lbs	11/15/2007
Bench	Art Menton	155.0	Kg	341.7	lbs	11/15/2007
Deadlift	Roy Mason	247.5	Kg	545.6	lbs	11/7/1987
Total	Art Menton	630.0	Kg	1388.9	lbs	11/15/2007

181lbs/82.5Kgs

Squat	Jim Lem	247.5	Kg	545.6	lbs	3/26/1994
Bench	Rudy Lozano	170.0	Kg	374.8	lbs	6/18/2005
Deadlift	Roy Mason	255.0	Kg	562.2	lbs	5/4/1986
Total	Jim Lem	590.0	Kg	1300.7	lbs	9/24/1994

198lbs/90Kgs

Squat	Pete Wilson	227.5	Kg	501.5	lbs	7/10/2004
Bench	Pete Wilson	160.0	Kg	352.7	lbs	7/10/2004
Deadlift	Louie R. Hernandez	242.5	Kg	534.6	lbs	3/27/2010

Total	Pete Wilson	597.5	Kg	1317.2	lbs	7/10/1992
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220lbs/100Kgs

Squat	Roy Erikson	227.5	Kg	501.5	lbs	12/13/2008
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Bench	Ernie Nagy	165.0	Kg	363.8	lbs	5/13/1989
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Deadlift	Felix Nicholson	260.0	Kg	573.2	lbs	11/22/1992
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Total	Felix Nicholson	615.0	Kg	1355.8	lbs	11/22/1992
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242lbs/110Kgs

Squat	Ronald Hewitt	195.0	Kg	429.9	lbs	3/28/2008
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Bench	Ronald Hewitt	150.0	Kg	330.7	lbs	3/28/2008
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Deadlift	Ronald Hewitt	202.5	Kg	446.4	lbs	3/28/2008
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Total	Ronale Hewitt	547.5	Kg	1207.0	lbs	3/28/2008
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275lbs/125Kgs

Squat	Danny Herrera	245.0	Kg	540.1	lbs	9/18/2004
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Bench	Danny Herrera	190.0	Kg	418.9	lbs	9/18/2004
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Deadlift	Danny Herrera	227.5	Kg	501.5	lbs	6/14/2003
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Total	Danny Herrera	640.0	Kg	1410.9	lbs	9/18/2004
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308lbs/140kgs

Squat	Alan Siegel	172.5	Kg	380.3	lbs	6/23/2003
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Bench	Alan Siegel	105.0	Kg	231.5	lbs	6/23/2003
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Deadlift	Alan Siegel	182.5	Kg	402.3	lbs	6/23/2003
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Total	Alan Siegel	460.0	Kg	1014.1	lbs	6/23/2003
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SHW/140+Kgs

Squat	Bill Walmroth	160.0	Kg	352.7	lbs	5/17/1992
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Bench	Bill Walmroth	120.0	Kg	264.6	lbs	5/17/1992
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Deadlift	Bill Walmroth	160.0	Kg	352.7	lbs	5/17/1992
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Total	Bill Walmroth	440.0	Kg	970.0	lbs	5/17/1992
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Masters (70-74)

114lbs/52Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

123lbs/56Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

132lbs/60Kgs

Squat	Jack Hughes	117.5	Kg	259.0	lbs	3/9/1991
Bench	Jack Hughes	70.0	Kg	154.3	lbs	3/9/1991
Deadlift	Jack Hughes	152.5	Kg	336.2	lbs	3/9/1991
Total	Jack Hughes	332.5	Kg	733.0	lbs	3/9/1991

148lbs/67.5Kgs

Squat	Robert Cortes	172.5	Kg	380.3	lbs	5/12/2001
Bench	Robert Cortes	117.5	Kg	259.0	lbs	5/12/2001
Deadlift	Robert Cortes	217.5	Kg	479.5	lbs	5/12/2001
Total	Robert Cortes	507.5	Kg	1118.8	lbs	5/12/2001

165lbs/75Kgs

Squat	Bill Decker	157.5	Kg	347.2	lbs	5/5/1990
Bench	Robert Cortes	107.5	Kg	237.0	lbs	6/18/2005
Deadlift	Roy Mason	240.0	Kg	529.1	lbs	5/16/1992
Total	Robert Cortes	460.0	Kg	1014.1	lbs	6/18/2005

181lbs/82.5Kgs

Squat	Donald Torrence	160.0	Kg	352.7	lbs	9/27/2008
Bench	Richard Simon	125.5	Kg	276.7	lbs	2/19/2006
Deadlift	Roy Mason	232.5	Kg	512.6	lbs	5/5/1990
Total	Donald Torrence	432.5	Kg	953.5	lbs	9/27/2008

198lbs/90Kgs

Squat	Pete Wilson	205.0	Kg	451.9	lbs	3/31/2007
Bench	Pete Wilson	150.0	Kg	330.7	lbs	3/31/2007
Deadlift	Malcolm Richards	210.0	Kg	463.0	lbs	11/22/1992

Total	Pete Wilson	547.5	Kg	1207.0	lbs	3/31/2007
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220lbs/100Kgs

Squat	Joe Wargo	175.0	Kg	385.8	lbs	
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Bench	Pete Wilson	147.5	Kg	325.2	lbs	3/30/2008
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Deadlift	Henri Soudieres	182.5	Kg	402.3	lbs	
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Total	Jim Witt	455.0	Kg	1003.1	lbs	5/11/1985
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242lbs/110Kgs

Squat	Howard Stupp	205.0	Kg	451.9	lbs	10/18/1984
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Bench	Victor Starke	117.5	Kg	259.0	lbs	5/19/1995
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Deadlift	Howard Stupp	227.5	Kg	501.5	lbs	5/5/1986
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Total	Howard Stupp	540.0	Kg	1190.5	lbs	5/5/1986
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275lbs/125Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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308lbs/140kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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SHW/140+Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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Masters (75-79)

114lbs/52Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

123lbs/56Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

132lbs/60Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

148lbs/67.5Kgs

Squat	Roy Mason	90.0	Kg	198.4	lbs	10/21/1995
Bench	Roy Mason	25.0	Kg	55.1	lbs	10/21/1995
Deadlift	Roy Mason	200.0	Kg	440.9	lbs	10/21/1995
Total	Roy Mason	315.0	Kg	694.4	lbs	10/21/1995

165lbs/75Kgs

Squat	Robert Cortes	155.0	Kg	341.7	lbs	3/25/2006
Bench	Robert Cortes	107.5	Kg	237.0	lbs	3/25/2006
Deadlift	Robert Cortes	201.0	Kg	443.1	lbs	3/31/2007
Total	Robert Cortes	462.5	Kg	1019.6	lbs	3/25/2006

181lbs/82.5Kgs

Squat	Richard Simon	127.5	Kg	281.1	lbs	8/11/2007
Bench	Richard Simon	117.5	Kg	259.0	lbs	9/9/2006
Deadlift	Richard Simon	142.5	Kg	314.2	lbs	9/9/2006
Total	Richard Simon	385.0	Kg	848.8	lbs	9/9/2006

198lbs/90Kgs

Squat	Charles Lee	150.0	Kg	330.7	lbs	10/21/1995
Bench	Charles Lee	115.0	Kg	253.5	lbs	10/21/1995
Deadlift	Charles Lee	200.0	Kg	440.9	lbs	10/21/1995

Total	Charles Lee	465.0	Kg	1025.1	lbs	10/21/1995
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220lbs/100Kgs

Squat	Henri Soudieres	147.5	Kg	325.2	lbs	9/5/1982
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Bench	Henri Soudieres	97.5	Kg	214.9	lbs	5/5/1986
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Deadlift	Henri Soudieres	182.5	Kg	402.3	lbs	9/5/1982
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Total	Record Open	0.0	Kg	0.0	lbs	
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Total	Henri Soudieres	425.0	Kg	937.0	lbs	9/5/1982
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242lbs/110Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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275lbs/125Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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308lbs/140kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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SHW/140+Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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Masters (80+)

114lbs/52Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

123lbs/56Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

132lbs/60Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
Bench	Record Open	0.0	Kg	0.0	lbs	
Deadlift	Record Open	0.0	Kg	0.0	lbs	
Total	Record Open	0.0	Kg	0.0	lbs	

148lbs/67.5Kgs

Squat	Paul Rainwater	55.0	Kg	121.3	lbs	6/26/2004
Bench	Paul Rainwater	47.5	Kg	104.7	lbs	6/26/2004
Deadlift	Paul Rainwater	105.0	Kg	231.5	lbs	6/26/2004
Total	Paul Rainwater	207.5	Kg	457.5	lbs	6/26/2004

165lbs/75Kgs

Squat	James Messer	85.0	Kg	187.4	lbs	
Bench	James Messer	30.0	Kg	66.1	lbs	
Deadlift	James Messer	120.0	Kg	264.6	lbs	
Total	James Messer	232.5	Kg	512.6	lbs	

181lbs/82.5Kgs

Squat	Martin Garry	125.0	Kg	275.6	lbs	6/7/2009
Bench	Martin Garry	97.5	Kg	214.9	lbs	6/7/2009
Deadlift	Martin Garry	182.5	Kg	402.3	lbs	6/7/2009
Total	Martin Garry	405.0	Kg	892.9	lbs	6/7/2009

198lbs/90Kgs

Squat	Joseph Kurpiel	120.0	Kg	264.6	lbs	
Bench	Joseph Kurpiel	80.0	Kg	176.4	lbs	
Deadlift	Joseph Kurpiel	160.0	Kg	352.7	lbs	

Total	Joseph Kurpiel	355.0	Kg	782.6	lbs	
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220lbs/100Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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242lbs/110Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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275lbs/125Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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308lbs/140kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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SHW/140+Kgs

Squat	Record Open	0.0	Kg	0.0	lbs	
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Bench	Record Open	0.0	Kg	0.0	lbs	
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Deadlift	Record Open	0.0	Kg	0.0	lbs	
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Total	Record Open	0.0	Kg	0.0	lbs	
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