

American Men

Single Lift Bench

Junior (13-15)

114lbs/52Kgs	Bench	David Jeffrey	85.0	Kg	187.4	lbs	8/23/2008
123lbs/56Kgs	Bench	David Jeffrey	107.1	Kg	236.0	lbs	6/3/2007
132lbs/60Kgs	Bench	Willard Crossen III	92.5	Kg	203.9	lbs	2/22/1997
148lbs/67.5Kgs	Bench	Rodney Levett	122.5	Kg	270.1	lbs	8/27/1994
165lbs/75Kgs	Bench	Safiy Paray	130.0	Kg	286.6	lbs	5/30/2010
181lbs/82.5Kgs	Bench	Dominic Tarabachia	135.0	Kg	297.6	lbs	3/3/1996
198lbs/90Kgs	Bench	Todd Wilson	140.0	Kg	308.6	lbs	3/4/1995
220lbs/100Kgs	Bench	Chris Ludlow	167.5	Kg	369.3	lbs	12/8/2007
242lbs/110Kgs	Bench	Vance Hebert	85.0	Kg	187.4	lbs	4/2/2006
275lbs/125Kgs	Bench	Hunter Poole	150.0	Kg	330.7	lbs	3/25/2006
308lbs/140kgs	Bench	Miguel Macias	122.5	Kg	270.1	lbs	12/12/2009
SHW/140+Kgs	Bench	Record Open	0.0	Kg	0.0	lbs	

Junior (16-17)

114lbs/52Kgs

Bench

John McKanna

92.5

Kg

203.9

lbs

9/13/1997

123lbs/56Kgs

Bench

Hunter Hernandez

100.0

Kg

220.5

lbs

7/5/2009

132lbs/60Kgs

Bench

David Rocha

110.0

Kg

242.5

lbs

6/10/2006

148lbs/67.5Kgs

Bench

Kevin Tanaka

137.5

Kg

303.1

lbs

8/2/2008

165lbs/75Kgs

Bench

Joe Luther

170.0

Kg

374.8

lbs

2/22/1997

181lbs/82.5Kgs

Bench

Mark Matthews

161.0

Kg

354.9

lbs

8/5/2006

198lbs/90Kgs

Bench

Kenny Wilson

172.5

Kg

380.3

lbs

1/25/2009

220lbs/100Kgs

Bench

Brian Critchfield

182.5

Kg

402.3

lbs

3/4/1995

242lbs/110Kgs

Bench

Earl Heth

200.0

Kg

440.9

lbs

5/17/1997

275lbs/125Kgs

Bench

Albert Garcia III

182.5

Kg

402.3

lbs

3/19/2005

308lbs/140kgs

Bench

Blake Stockton

152.5

Kg

336.2

lbs

8/2/2008

SHW/140+Kgs

Bench

Lester Dedrick

160.0

Kg

352.7

lbs

8/14/2010

Junior (18-19)

114lbs/52Kgs

Bench

Gabe Morgan

87.5 Kg

192.9 lbs

10/14/1994

123lbs/56Kgs

Bench

William Garcia

130.0 Kg

286.6 lbs

2/21/2009

132lbs/60Kgs

Bench

Nick Lenhart

125.5 Kg

276.7 lbs

12/9/2006

148lbs/67.5Kgs

Bench

Rene Sapien

165.0 Kg

363.8 lbs

9/2/1990

165lbs/75Kgs

Bench

Bill Vankirk

165.0 Kg

363.8 lbs

5/1/1993

181lbs/82.5Kgs

Bench

Joe Bruno

182.5 Kg

402.3 lbs

5/17/1997

198lbs/90Kgs

Bench

Sean Demarinis

182.5 Kg

402.3 lbs

6/12/2004

220lbs/100Kgs

Bench

Richard Pinelli

200.0 Kg

440.9 lbs

4/14/2007

242lbs/110Kgs

Bench

Jonathan Hoffman

230.0 Kg

507.1 lbs

9/8/2007

275lbs/125Kgs

Bench

Chase Collims

245.0 Kg

540.1 lbs

9/9/2006

308lbs/140kgs

Bench

Anthony Segretario

195.0 Kg

429.9 lbs

6/11/2005

SHW/140+Kgs

Bench

John Cooper

210.0 Kg

463.0 lbs

6/9/2007

Junior (20-23)

114lbs/52Kgs

Bench

Hung Pham

125.0 Kg

275.6 lbs

3/2/1996

123lbs/56Kgs

Bench

Minh Duong

132.5 Kg

292.1 lbs

11/9/1997

132lbs/60Kgs

Bench

Jason Murphy

145.0 Kg

319.7 lbs

8/27/1993

148lbs/67.5Kgs

Bench

Andrew Shouse

143.0 Kg

315.3 lbs

5/20/2006

165lbs/75Kgs

Bench

Stephen Hokama

185.0 Kg

407.9 lbs

8/2/2008

181lbs/82.5Kgs

Bench

Christopher James Smith

187.5 Kg

413.4 lbs

3/25/2006

198lbs/90Kgs

Bench

Jonathon Bailey

220.0 Kg

485.0 lbs

9/5/2009

220lbs/100Kgs

Bench

Richard Pinelli Jr.

250.0 Kg

551.2 lbs

11/1/2008

242lbs/110Kgs

Bench

William Fetty

255.0 Kg

562.2 lbs

7/8/2000

275lbs/125Kgs

Bench

Mike Womack

272.5 Kg

600.8 lbs

3/19/2005

308lbs/140kgs

Bench

Nathan Wright

225.0 Kg

496.0 lbs

6/10/2006

SHW/140+Kgs

Bench

Anthony Cissell

232.5 Kg

512.6 lbs

10/17/2009